



MENTAL HEALTH CALENDAR

January	26-31	Support Group Awareness Week
February	9-16	Teen Suicide Prevention Week
March	30	World Bipolar Awareness Day
May	24	World Schizophrenia Awareness Day
June	26	Substance Abuse Awareness Day
July	1-31 10	Mental Health Awareness Month Panic Awareness Day
September	10 14	World Suicide Prevention Day National ADHD Awareness Day
October	1-31 10	World Mental Health Awareness Month World Mental Health Day
November	1-30 5	Mens Mental Health Month World Stress Awareness Day



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